¡Bienvenidos!

IUHPFL Ciudad Real
2015
Goals for Today’s Presentation

• Instructor Team
• Intro
• Team identity
• Instructors
• Families, culture & life in Spain
• What to wear 😊
• A typical day
• Support & success groups
• Excursions
• Finance
• Travel logistics

• Q & A
• Let’s all meet!
• Honor code
The Instructor Team

Cristóbal Garza González
   Public Relations Coordinator/ Literature Instructor
Rebecca Clay
   Financial Coordinator/ Linguistics Instructor
Álvaro López Pajares
   Student Coordinator/ Culture Instructor
Andrea Mojedano
   Logistics Coordinator/ Grammar & Communication Instructor
Ciudad Real

- 200km from Madrid (approx.)
  - 45 minute train trip

- 80,000 inhabitants (approx.)

- Climate: hot, dry and sunny
  - really hot
  - really hot
  - really hot → 100F
  - bring a water bottle
Living Abroad

• School
  – What to expect from classes
  – What does a successful Ciudad Real Honors student do?

• Host families
  – Communicating with the your new family
  – What to expect from your host family
  – What your host family expects from you
Living Abroad

• Living another culture
  – Cultural differences and misconceptions
  – Dealing with culture shock
  – Maximizing the experience
U.S. vs. Spain

- Personal space
- Alone time
- Argument vs. discussion
- Americans are “cold” while Spaniards are direct, open
- TOUCHING!!!
- Greetings: Shaking hands
  - Man + man
- Greetings: Kisses *noises* on cheek
- People smoke a lot, but there is a nation-wide indoor (public places) smoking ban 😊
- Cleanliness in host homes

- A LOT of improvisation happens during excursions
- Meals:
  - Large, late lunch ~2pm
  - Small breakfasts
  - Small, late dinner ~9pm (or later!)
  - Tips for home: Eat more but in smaller portions
- Carry kleenex & water
- On Sundays everything is closed
- People will not “patiently wait for you”
- Expect Spaniards to be a bit late except for programmed events*

*Note: Arriving early or on time are the only options.
Culture shock

1. Honeymoon Stage
2. Culture Shock
3. Cultural Adjustment
4. Adaptation

**Reverse culture shock**

Adapted from "Maximizing Study Abroad", University of Minnesota.
Ayuntamiento de Ciudad Real

City Hall

Reloj del Carrillón, de la Plaza Mayor (next image).
Packing

• One suitcase
  – no more than 62” in total dimensions and weighing no more than 50 lbs. Any more luggage will result in a $60 charge per piece.

• The Ciudad Real T-shirt

• One personal item
  – For example, a small backpack or a purse.

• Carry-on
  – No more than 45” in total dimensions and weighing no more than 40 pounds.

*The less you bring the better!*
*We have limited space on the bus!*
Packing- Departure Day

• Bring
  – Passport (and 2 copies)
  – Boarding documents and itinerary
  – Instructor phone numbers
  – Snacks
  – Things to do on the airplane (it’s a 9 hour flight!)
  – Bring Euros for emergencies
Life in Ciudad Real

• Normal weekdays
  – Class – 9:30-1.30
  – Lunch 1:35-2:35
  – Afternoon activities: 2:40-3:40
  – Siesta/Homework time: 4:00-7:00pm
  – Free time: 7:00-9:00pm
  – After 9:00pm dinner and family time

• Weekends- with host families
Life in Ciudad Real

• Week nights
  – Sunday through Thursday
  – Free hours: 7-9pm
    • You can be with your friends (in groups of 3+!!)
  – You can go out after hours (9pm-12am) with appropriate adult supervision
    • Appropriate supervision = host parent(s) immediate family member(s) +25 years old or older

– Curfew: 9pm week time
Life in Ciudad Real

• Weekend nights
  – Friday and Saturday
  – Curfew: 10pm
  – You can go out after hours (After 10) with appropriate adult supervision
    • Appropriate supervision = host parent(s)
      immediate family member(s)
      +25 years old or older
Support and Success groups

• Support successful adjustment to the new environment, linguistically and culturally

• Allow Students and Instructors open communication and a sense of security

• Converse about complex topics in the target language: how to say... and how to address...

• Allow Students to share how Students are faring with their host families

• Maintain the best physical, mental and emotional state of each Student

• Allow Student to address issues with the other Students and Instructors
Excursions

• Day trip to Toledo
• Overnight stay in Andalucía
• Day trip to Madrid
• Theatre evening at Almagro
Finances - What to Bring

• An ATM/debit card (preferably Visa) that can be recharged in the US.
  – Request card to bank with enough time for delivery and use it in the US, before travelling
  – Call your U.S. bank and let them know the card will be used abroad
  – Check fees with your bank beforehand
  – AmEx is not accepted in many places in Spain

• Cash
  – For the very first days (≈€100)
  – For excursions
  – For snacks/drinks from *estancos/quioscos* (stands that sell food)
  – REBAJAS!!! (Nation-wide retail sale beginning July 1st)
  – Many US banks will provide Euros if you order it at least 2 weeks before departure.
Managing Your Finances

• Many places prefer cash over credit/debit cards
  – American Express not accepted in many places
  – Withdraw enough cash for several days
  – Always have some cash on you (≈€15)

• Write down your card numbers and bank phone numbers in a secure place (students in Spain and parents at home) in case your card gets lost or stolen.
  Also, keep 20€ at home
• Know your pin number by the NUMBERS and not by letters (there are usually no letters on keypads)

• Traveler checks not accepted
Managing Your Finances

• An ice cream
  – 1 scoop = 2,00€
• A coffee and a pastry
  – Around 5,00€
• A postcard and stamp to be sent to the US
  – Stamp 0,64€, post card = 3,00€
• A souvenir-related t-shirt
  – 12,00-15,00€
• A bus ride
  – 1,05€

You don’t need any money to get to school.
Managing Your Finances

- Do not **overspend**! You are on your own!
- In case of **money emergencies**, funds can be transferred via Western Union
  - Minors not allowed to collect the money
  - Rebecca will be contacted through the program’s main office
Departure: Tuesday, June 9, 2015

Flying with the group: Cristóbal and Álvaro

• Flight: From Chicago to Madrid
  – Flight Number: 6274
  – Leaving 4:40 pm
Departure: Meeting Point

• Chicago
  – Meet at Iberia counter
  – Check in TOGETHER
  – WEAR THE T-SHIRT and your NAMETAG!!!!!!
  – **BE THERE BY 12:40pm**
  – KEEP TOGETHER
  – Everyone will go through security together
Check your flight info for updates
Departure: Contact Information

• Álvaro
• 334-524-6793
• Cristóbal
• 513-907-4156
Return: Thursday July 25, 2015

Flying with the group: Andrea and Rebecca

• Flight: Madrid to Chicago
  – Flight number: 6275
  – Departure time: 11:50am
  – Arrival in Chicago: 2:15 pm
IUHPFL Ciudad Real on the Web

• http://ciudadrealiuhpfl2015.blogspot.com/  - Weekly updates with photos
• Facebook group
  – Only for students, no parents allowed!
  – Questions about anything
¿Preguntas?

Questions?
Let’s take a break

• You can buy food at the food court on the ground floor and bring it back here.
• Be back in 20 minutes
IUHPFL Ciudad Real

2015
Our Goals for Today

• Meet our classmates and instructors
• Q&A with alumni from Ciudad Real
• Start using the foreign language
  – ¡Sí! Vamos a empezar a practicar español
• Prepare our pledge
¡Vamos a conocernos!

- Andrea Amistosa
- Rebecca Rapsódica
- Álvaro Alucinante
- Cristóbal Cristalino
¡Vamos a ponernos en grupos!

• I am happiest when...
• I am unhappiest when...
• I am most excited to...
• I am most nervous to...
• I will miss ... the most
• I study best when...
• In groups I prefer to...
• In my free time I prefer to...
¡Vamos a ponernos en grupos!

- Estoy más feliz cuando...
- Estoy más triste cuando...
- Me emociona más...
- Me pongo nervioso cuando...
- Voy a extrañar más...
- Estudio más cuando...
- En grupos prefiero...
- En mi tiempo libre...
León, Cigüeña y Toro

¡Vamos a conocernos!
8 valores y Promesa del grupo

- Los 8 Valores:
  - Agradecimiento,
  - Diligencia,
  - Descubrimiento,
  - Empatía,
  - Apoyo,
  - Honor,
  - Respeto y
  - Unidad
Promesa de Honor

Mientras vivo el camino del Programa de Honor de la Universidad de Indiana, me comprometo con el Código de Honor. Prometo hablar sólo en español, mantener los 8 Valores Fundamentales, celebrar la experiencia con mi familia anfitriona y seguir siendo auto-disciplinado. Me esforzaré por descubrir lo mejor de mí mismo y de los demás, fomentar la unidad del equipo, representar a mi escuela, familia y comunidad con orgullo y ser un buen embajador del Programa de Honor.
IUHPFL Ciudad Real 2015

- ¿Preguntas?
- ¿Comentarios?

Nos vemos allí