IUHPFL – León

Orientation
April 26, 2015
Horario

• 9:30–10:30 Students and guardians with Loni
• 10:30–12:15 Students and guardians with their site specific Instructor teams
• 12:15–3:40 Students with their instructor teams
• 12:15–1:15 Guardians’ lunch
• 1:15–3:40 Guardians with Loni
• 3:45–4:00 Closing remarks
Overview

• Introductions
• Team identity and vision
• Team information
• Travel planning & logistics
• Preparation
• Living in León
• Honor Code

*Please hold all questions until the end!
INTRODUCTIONS
Equipo León

Mark Fitzsimmons
PhD student– Indiana University
Public Relations Coordinator
Literature Instructor

Sarah Grauvogl
High School teacher – Marian Catholic High School
Student Coordinator
Culture Instructor

Israel Herrera
Lecturer– Indiana University
Logistics Coordinator
Grammar Instructor

Sara Zahler
PhD student – Indiana University
Financial Coordinator
Linguistics Instructor

Sira Quindós
León onsite coordinator
TEAM IDENTITY AND VISION
¡Somos los peregrinos!
Stops along the way

Gaudí palace in Astorga

Los Templarios castle in Ponferrada

Cathedral in Santiago de Compostela—endpoint of the Camino
León Team Identity

• We are all peregrinos (pilgrims) on our own camino (path).
• Group goal this summer
  – Identify our individual goals for the trip
  – Work towards them
  – Support each other in order to make sure we all, as a team, reach our goals
• We will be all completing our own metaphorical camino this summer (while seeing several sights on the actual Camino de Santiago)
El Programa de Honor – León

• La experiencia (2010)
  – [http://www.youtube.com/watch?v=O-cvuLLrw_g](http://www.youtube.com/watch?v=O-cvuLLrw_g)
Facebook group: IUHPFL León 2015

- A resource for students to get to know one another, share their excitement, and ask questions about the program, León, or anything else
- How to join (if you haven’t already)
The Blog: Un verano en León 2015

• A resource for families, friends, and fans of the students to follow their adventures
• The blog will be regularly updated (at least once weekly) by Personal Relations Coordinator Mark
• www.unveranoenleon2015.blogspot.com
TRAVEL PLANNING AND LOGISTICS
Going to Spain

• Isra, Mark and Sarah G. will check in and fly with the students from Chicago.

• Sara will meet up with the group upon arrival in Madrid and all will travel together to León.
Arrival Plan

• Departure date:
  – Wednesday, June 10th – flight departs at 4:35pm

• Arrival at airport:
  – O´Hare Airport – At the check-in counter – 1 pm
  – Terminal 3
  – You can go ahead and check-in but don’t go through security. We’ll go through security as a group.
  – Sarah y Mark will be there to meet you. Isra will be inside security and will fly with you.
  – Bring entertainment for the long flight (cards, books, crossword puzzles, sudoku puzzles, snacks for the instructors)
     • ¡En español claro!

HAVE A PLAN ‘B’ FOR GETTING TO O’HARE
O´Hare International Airport
Where do we meet?

- Iberia counter
- Please, please, please!!! Review the items that you can and can’t carry in your carry-on luggage!! Check Iberia website!!!!
- DON’T FORGET TO WEAR YOUR OFFICIAL PROGRAM T-SHIRT!!!
- AND…. DON’T BE LATE!!!!
Departure Day Do’s and Don’ts…

• Do…
  – try to get some rest the night before.
  – weigh your suitcase before leaving home. You don’t want to have to repack at the counter!
  – have a snack before you arrive at the airport. Food at the airport is pricey, and you’ll want to save your money for Spain.
  – bring plenty to keep you busy on the plane. Card games, books and magazines (in Spanish, of course!) are great diversions.

• Don’t…
  – wait to the last minute to decide what you are going to bring.
  – forget to check for power cords, adaptors and medications before leaving.
  – leave any liquids over 3 oz in your carry on. I guarantee, you’ll have to throw them out.
What to have on hand

- Passport
- Flight information / boarding passes
- Any medication you (might) need while at the airport or on the plane
- Sarah’s phone number: 219-902-0156
- Isra’s phone number: 812-679-9169
- Cash or debit cards to exchange money for Euros before departing.
And in Madrid...
En Madrid

• We arrive to Madrid at 7:40 am.
• 4 hours in bus to León
• One of the instructors will update Loni and Jillian as able
  – Wifi isn’t always available until the instructors get to León so don’t worry if you don’t hear anything until later that day.
• The office will notify the parents that we arrived
KEEP CALM AND BE PREPARED

BE PREPARED
What to Pack

• León gets chilly, León gets hot, it rains a lot

  – 1 large suitcase (<50 pounds; 62 inches for height + width + length combined).
  – Backpack
  – Collapsible duffle bag for new purchases
Clothing

- For cold weather: Jeans, sneakers, a couple sweaters and a jacket
- For warm weather: Short sleeve shirts, shorts, or lighter weight pants
- One dress outfit
- Athletic clothes (for sports and outdoor activities)
- Bathing suit
- Important! Spaniards dress less casually than Americans, so you wouldn’t really want to wear sweatpants outside of the house.
Other things to pack

• UMBRELLA!
• Sunscreen/sunblock
  – 50 SPF or higher
  – Allergies
• Particular brands of make-up, lotion or hygiene products that you prefer
• Medicine for the whole summer
• Digital camera! (No other electronics)
• Adapters and converters
Money

- Bring some cash with you! (euros)
- Debit and **CREDIT card** in the student’s name – Visa/Mastercard. No Discover/American Express
- Call your bank and let them know where, when and how long you are traveling.
- Take maximum amount of money out at a time = fees
  - BUT don’t keep it all with you or in the same place
- **BUDGET!** (know if you can get more $ during the program if needed).
- $ in case of emergency
  - Trip to ER requires 150 euros
  - Dr’s appt requires 75–125 euros in cash
  - Keep all receipts
In León

- Postcard = 50–75 cents
- Stamp = 80 cents
- Coffee = 1 euro
- Soda = 1–2 euros
- Ice cream cone = 2–4 euros
- Bus tickets = 2 euros
- Movie ticket = 5’80 – 6’20
- Museum ticket = 5–6 euros
- T-shirt = 5–15 euros
- Concert ticket = 25–40 euros
- Soccer jersey = 65 euros
Excursions

• It’s important to save money for:
  – Santiago de Compostela
    • You will be responsible for your meals on this trip
  – Madrid
    • Breakfast and lunch will be provided but you will be responsible for two dinners

• It’s always good to save more money than you think you’ll need
Cell phones

- Every student gets a cell phone for program purposes
  - So that your instructors or host family can get a hold of you if necessary or vice versa
  - Prepaid with a certain amount of money that is sufficient for students to get by during the summer if they use it for program purposes
  - There must ALWAYS be money on the phones; thus, use the phone responsibly

- If you use for personal purposes and run out of money, it is YOUR responsibility to put more money on the phone.

- It can add up so be economical in your choices
  - 18 cents to establish call
  - 6 cents/minute during call
  - 12 cents for text messages
  - Thus, very expensive!
Preventing bad stuff before it happens...

• Things to remember
  – any medications (Over-the-counter and prescription – even if you don’t think you’ll need them)
    • REMEMBER generic name (loratadine = claritin)
  – Contact lenses/glasses: bring extras and prescription
  – feminine products
  – lots of waterproof sunscreen

• The importance of the recommended credit card

• Medications
  – Know what to take, when to take it, and how to take it

• Mental healthcare
Preventing bad stuff before it happens...

- Avoid wearing things that show you’re a tourist (“sloppy/comfy” clothes, t-shirts with school name, clothing that shows too much skin)
- Be careful with your belongings, pay attention, use your head! (There is no lost and found)
- Public transportation
What if something bad does happen?

Onsite Instructor Team will phone or email: The IUHPFL office, who will then contact The guardian

Guardian/Family in the U.S. will phone or email: The IUHPFL Office who will contact: The Instructor Team abroad who will contact the student

*Include Loni Dishong and Jillian de Haan in all e-mail correspondence
LIVING IN LEÓN
Weekdays

7:45/8:00am – wake up, breakfast at home
8:50 am – arrive at the school
9:00-9:30 – support group, research, morning activities
9:30-1:10 – classes (grammar, culture, linguistics, conversation and composition) break
1:20-2:35 – lunch
2:45-3:00 - announcements
3:00-4:30 – afternoon activities / sports
Afternoons & Evenings

• Free time in the city (TBD) with other students in groups of 3 or more
• Homework
• Spend time with host family
• Dinner with host family (9/10pm)
Weekends

• Spend time with host family
• Socialize with other students
• Optional local excursions with instructors
• Personal ‘down time’ for reflection, rest, and Internet correspondence (**1hr/week**)
• Inform instructors of plans
• Students may only go out in the evenings with host *parents*
Tips for Successful Host Family Relationships

• Be aware of family habits & routines
• Be aware of your use of home resources
  – Water, electricity, internet, phone
• Be open & willing to share your experience
• Ask, ask, ask
• Talk, talk, talk
• Be thoughtful, present, & express gratitude
• Communicate your needs
What if things aren’t so great with my host family?

• Give it a week
• Host Family Inventory Form
• Grounds for a change:
  – Physical health/well-being
  – Incompatibility of personalities
  – Lack of communication
  – Host family’s lack of time
  – Failure of family to abide by Host Family Guidelines and/or the Honor Code
  – Inappropriate behavior of a host family member towards the student and vice versa
HONOR CODE
Honor Code

• Language Commitment
  – All Spanish, all the time
  – One phone call home upon arrival
    • A good time for this phone call is 3 – 4 days after arrival
    • Your U.S. family will know you arrived ok because they will receive an e-mail
  – No personal electronic devices
    • The program cell phone: Must be carried at all times; must maintain usage time; taking care of the cell phone is YOUR responsibility
    • Bring a camera that isn’t also a cell phone and a mini-computer
    • Departure day/arrival
  – No English music or books (summer reading books must be in Spanish)
  – Think of these as opportunities, not restrictions
Honor Code

• Post Program Language Commitment
  – Continue your study of Spanish
  – Contribute to your school’s language program
Honor Code

- Restriction on dating
- No drugs, alcohol, or tobacco
  - even if offered to you by a host family member
- No risky activities
- Weeknight activities (1 – 2 hours)
  - Keep your host family informed
  - Abide by curfew
  - Rule of 3
- Weekend activities
  - Permission from onsite staff; chaperone
  - Discos/clubs prohibited at all times
  - Rule of 3
Honor Code

• Travel
  – No unaccompanied travel outside of León
  – Ask permission from onsite staff if planning to travel far
    with the host family
  – No hosting of U.S. friends or family

• Pledge to adhere to host family norms
  – Remember that different ≠ weird
  – Meet your host family halfway
  – Two tools: respect and dialogue
Honor Code

• Our expectations of students
  – Abide by the Honor Code
  – Take advantage of this one-of-a-kind experience
  – Beware of the ‘F’ word
  – Keep a positive attitude and encourage one another
  – Don’t compare your experience to someone else’s
Honor Code

• U.S. parents’ expectations of students
  – ?

• Students’ expectations of each other
  – Work as a team – hold each other accountable
  – A chain is only as strong as its weakest link
Consequences

• Infractions of the Honor Code have consequences
  – Disciplinary action
  – The entire group is affected
What would you do?

- It is the San Juan Festival and there is an outdoor concert and fireworks show at midnight. You and your fellow HP roommate ask permission from your host mom to attend the festivities and she agrees as long as you stay together and are home by the set curfew. However, she is ill and unable to accompany you.
What would you do?

- Your host brother invites you to a club to dance and to have some drinks. You see that other people around your age are drinking alcohol and nobody seems to care.
Rafting

- Optional activity
- Level 2
- Very little dips or high speed parts
- The students all have to wear a helmet, wetsuit and lifejacket
Santiago de Compostela

- We’re going to walk 6 kilometers of the last part of the Camino de Santiago.

- If this poses a potential problem, please contact us.
¿Preguntas?