Indiana University Honors Program in Foreign Languages
Oviedo, Asturias, España
2015
Goals for Today’s Presentation

- Oviedo Instructor Team
- Flights
- Finances
- Oviedo
- Life on site
Instructors - All

- James Lang (Literature and logistics coordinator)
- Ángel Milla (Linguistics and financial coordinator)
- Mazinha Vieira (Culture and student coordinator)
- Krista Weirich (Communication/grammar and public relations coordinator)
Mariví – On-site Coordinator

- Selects host families
- Helps guide excursions
- Knows tons about Oviedo & Spanish art & history!
- Loves to dance
- Teaches Tai Chi to the elderly
Departure:
Thursday, June 12\textsuperscript{th}, 2015

- Flying with the group: Mazinha and Krista

Flight: Chicago
- FLIGHT Iberia 6276
- DEPARTS 3:15 p.m. from O’Hare
- ARRIVES 6:20 a.m. in Madrid
- ARRIVE @ O’HARE by 12:00 p.m.
Departure: Meeting Point

• Chicago – IBERIA counter
  – Meet at Iberia counter – Terminal 3
  – Check in TOGETHER
  – WEAR THE T-SHIRT and your NAMETAG!!!!!!
  – BE THERE BY 12:00 p.m.

If you are flying to Chicago from another location, plan to meet us at the departure gate for the flight to Madrid. You do not need to leave the terminal and check in with the group. Please inform one of us if this is the case for you.
Departure: Contact Information

- **Mazinha Vieira**: 812-325-9891, nhauskre@indiana.edu

- **Krista Weirich**: 405-255-1773, khweiric@indiana.edu
Return:
Wednesday July 29, 2015

Flying with the group: Angel and James

- Madrid – Chicago O’Hare
  - FLIGHT Iberia 6275
  - DEPARTS 11:50 a.m. from Madrid
  - ARRIVES 2:10 p.m. at Chicago O’Hare
Return: Contact information

- James Lang: (317) 753-7563, jtlang@indiana.edu

- Ángel Milla: (919) 619-7896, amilla@indiana.edu
Packing

- **One suitcase**
  - no more than 62’’ in total dimensions and weighing no more than 50 lbs. Any more luggage will result in around $80 charge per piece.

- **The IUHPFL T-shirt**

- **One personal item**
  - For example, a small backpack or a purse.

- **Carry-on**
  - No more than 45’’ in total dimensions and weighing no more than 40 pounds.

- **Bring US cell phone to airport & disconnect once in the plane**

*The less you bring the better! We have limited space on the bus!*
Departure Day – Mazinha and Krista

- Bring
  - **Passport**
  - Boarding documents and itinerary
  - Instructor phone numbers
  - Snacks
  - Things to do on the airplane (it’s a 10+ hour flight!)
  - Bring Euros for emergencies
The Cathedral of Oviedo and “La Regenta”
View from a Classroom
Dining Hall (el comedor)- Where it should always be fairly quiet!! 😊
New experiences!!!
Salsa y Tango

https://plus.google.com/photos/101088605609870314175/albums/5900585403896603185?banner=pwa
Campo Deportivo & Parque de Invierno
End of Program Show For Host Families
Excursions: Picos de Europa
Excursions: Cangas de Onís

Puente Medieval

Museo
Aula del Reino de Asturias
Excursions: Covadonga
Excursions: Naranco
Gijón
Excursions: Santiago de Compostela
Excursions: Segovia
Excursions:
Madrid

Museo del Prado

Museo Reina Sofía
Excursions:
Canoeing (optional)
La granja: Optional
Money - Ángel

- Consider bringing some Euros (cash) with you and using them only for emergencies.
- Try to get Euros from your bank BEFORE leaving.
- 24-hours to transfer money for fill-up cards.
- No traveler’s checks.
- No money needed to get to school.
- Lunch at school & dinner at host family home.
- Money for souvenirs, extra travel (non-program), snacks.
- 1 Euro = 1.06 U.S. Dollars (10€ = $10.60)
Finances - What to Bring

- An ATM/debit card (preferably Visa) that can be recharged in the US.
  - Request card to bank with enough time for delivery and use it in the US, before travelling
  - Call your U.S. bank and let them know the card will be used abroad
  - Check fees with your bank beforehand
  - Must be in student’s name
  - Withdraw maximum to avoid fees. Trying to withdraw more than your maximum results in a rejection. Try again at a lower amount.

- Cash
  - For the first week (≈€100-150)
  - For excursions
  - For snacks/drinks from estancos/quioscos (stands that sell food)
  - REBAJAS!!! (Nation-wide retail sale beginning July 1st)
  - Many banks will provide Euros if you order it at least 2 weeks before departure.
Managing Your Finances

- Many places prefer cash over credit/debit cards
  - American Express **not accepted** in most places.
  - Withdraw enough cash for several days
  - Always have some cash on you (≈€15)
- Write down your card numbers and bank phone numbers in a secure place (students in Spain and parents at home) in case your card gets lost or stolen.
  - Know your pin number by the NUMBERS and not by letters (there are usually no letters on keypads)
- Traveler checks **not accepted**
- Also, keep some euros at home in cash for emergencies.
Spending Money

- An ice cream
  - 1 scoop = 2,00€ ($3.00)

- A coffee and a pastry
  - Around 5,00€ ($7.50)

- A postcard and stamp to be sent to the US
  - Stamp 0,64€, post card = 3,00€ (total: $5.46)

- A souvenir-related t-shirt
  - 12,00-15,00€ ($18-$22.50)

- A bus ride
  - 1,05€ ($1.60)

You don’t need any money to get to school.
Packing and Weather – Mazinha & James

- Weather
  - Mild summer
  - 13°C (55°F) in the morning
  - 20-25°C (68-77°F) in the afternoon
  - Humid
  - Expect rainy days in beginning of June
    - Shoes will get wet, be prepared
    - Rain coat, rain boots & umbrella

- Medicines clearly, labeled both OTC and prescription

- Favorite American products (especially feminine products)

- School supplies (you can bring or buy there)
Typical Week Day on Site – James

- 10 a.m. classes begin
  - Communication
  - Culture
  - Grammar
  - Linguistics

- Afternoon
  - Lunch (at 2 p.m.)
  - Support Groups
  - Choir / Theatre (to prepare for thank-you show for host family) / Sports
  - Time to shop / explore city (at 5 p.m.)

- Evenings (Last bus home at 7 p.m.)
  - Homework
  - Time with host family
Typical Weekend Day on Site - Krista

- Spend time with host family
- Optional local excursions with program
- Personal ‘down time’ for reflection, rest, and Internet correspondence (1hr/week)
  - 1 hour total internet per week
- Inform instructors of plans
- Students may only go out in the evenings with host parents
Communication - Krista

- Parent’s blog site:
  - http://iuhpflovidedo2015.blogspot.com
  - Keep up to date with what is going on in Oviedo!

- Parent communication with instructors

- Students: Join Facebook group
  - IUHPFL Oviedo, España 2015
Language Preparation - Krista

- BBC Spanish (fun review geared toward ‘castellano’ with some advanced activities)
- La Voz de Asturias (www.lavozdeasturias.es) (Newspaper)
- www.copeasturias.com (Radio Station in school building)
- http://www.notesinspanish.com/ (Podcast in Spanish)
- Cadena Dial (for music only in Spanish)
- Group playlist
If you get car sick...

- Please bring Dramamine!!
Medical issues

- Please see us if you an have allergy to:
  - Latex
  - Medication (ex: Sulfa, etc.)
  - Food
Questions????
LUNCH!
Second part - Mazinha

- ¡Vamos a conocernos!
- What you should know about host families, living abroad, and Spain
  - Panel with former students
- Spanish activities
- Honor Code
  - Creating pledge
¡Vamos a conocernos!

- Names + Adjectives

- Mazinha Maja
- Krista Cuqui
- Ángel Mayor
- James Genial
Getting to know each other

- I am happiest when...
- I am unhappiest when...
- I am most excited to...
- I am most nervous to...
- I will miss ... the most
- I study best when...
- In groups I prefer to...
- In my free time I prefer to...

¡Vamos a ponernos en grupos!
Communication with host families - Krista

- You have to speak up
- Be honest without being rude
- Don’t ask “do you need help?”, just do it!
- Keep your bedroom clean and the door open
- Try not to make assumptions, always ask for clarification
  - Going out to eat
- Discussion is not always an argument
Honor Code - Mazinha

- Language Commitment
- Alcohol / Tobacco / Drugs
- Safety
  - Avoid risky behavior (¡Actividad peligrosa!)
  - Nighttime outings accompanied by host parents only
  - Always stay in groups of 3 or more
- Host family experience
- NO cell phones allowed!! Bring your camera!!
  - (And paper dictionaries)
Classes - Ángel

• To succeed it is important to:
  • Set specific and obtainable goals! Don’t be vague.
  • Arrive to class on time
  • Always do the assigned homework and be prepared to participate
  • Participate actively in groups and speak Spanish at all times
  • Demonstrate a positive attitude
  • Make sure to **sleep** enough to be awake in class!!!
Classes – Supplies - Ángel

• **Bring**
  • All of your class books
  • A notebook or folder and loose-leaf paper for notes and writing assignments
  • Pens/pencils
  • A Spanish-only dictionary or a Spanish thesaurus
Personal space

Alone time

Argument vs. discussion

Americans are “cold” while Spaniards are direct, open

TOUCHING!!!

Greetings: Shaking hands
  - Man + man

Greetings: Kisses *noises* on cheek

People smoke a lot, but there is a nation-wide indoor (public places) smoking ban 😊

Cleanliness

A LOT of improvisation happens during excursions

Meals:
  - Large, late lunch ~2pm
  - Small breakfasts
  - Small, late dinner ~8pm
  - Tips for home: Eat more but in smaller portions

Carry klinex & water

On Sundays everything is closed

People will not “patiently wait for you”

Expect Spaniards to be a bit late except for programmed events*

*Note: Arriving early or on time are the only options.
Culture shock - Ángel

Stages most people go through in adjusting to a new culture

**Fun**: The excitement and adventure of experiencing new people, things, and opportunities.

**Flight**: Disorientation brings the urge to avoid everything and everyone that is different.

**Fight**: The temptation to judge people and things that are different as bad or foolish.

**Fit**: Creative interaction with the new culture that includes a willingness to understand and embrace.

*Reverse culture shock*
The First 72 Hours - Krista

- Exhaustion from travel (long flight, long bus ride)
- Jet Lag
- Different family
- Different friends
- Different instructors
- Different city
- Different language
- New home

Imagine just ONE of these things by itself. The first 72 hours might be challenging. Plan to do something to help you relax: music, journaling, taking a walk, talking to host family. Be patient!
Culture Shock: How to Handle It
- Mazinha

- **Remember, you are not alone!** All international students share what you are going through.

- **Focus on what you can control.** Don't invest major energy in minor problems.

- **Don't avoid things.** Tackle major stresses head on.

- **Be physically active and keep your sense of humor!** Try to get the best out of your experience no matter what.

- **Ask for help.** Create a wide support network as quickly as you can in your target culture.

- **Write it down.** Record your thoughts and frustrations in a journal. This will give you a healthy outlet for expressing your feelings.
Remember that we are a group! ¡Somos los mosqueteros!

- ¡Todos para uno, uno para todos!
- Communicate with each other: Be patient and understanding; be sensitive to each others' feelings and difficulties.
- Support your groupmates’ efforts to speak Spanish and explore the foreign culture in a healthy and productive way.
- Participate actively in group work. Be a team player!
Maximizing Trip Abroad - Krista

- Bring something for your host family
  - A photo album about your life in the US
  - Spend as much time as possible with them

- We will not be tourists
  - We don’t want to be seen as tourists either
  - The IUHPFL is an academic program and has goals

- Be open to new things
  - Try the food, learn the new game, play the sport
  - Try everything once, no matter how different it may be
Universal Emergency Number

In case of emergency, dial from any phone:

- Spain – 112
- This works like dialing 911 in the USA.
Actividades

- Tortillas Mágicas
- Taboo
Creating a pledge

- Ideas for the pledge

- Tarea:
  - Sign the pledge document on the facebook group