SAINT-BRIEUC
2016 !
Sarah Kay Hurst
- Logistics Coordinator; Linguistics

Jacob Ladyga
- Financial Coordinator; Literature

Charlène Gilbert
- Public Relations Coordinator; Grammar

Catherine Zhang
- Student Coordinator; Culture

MEET THE TEAM
Brigitte Blévin

Onsite Coordinator
OUR TEAM VISION
SITE SPECIFICS

What do we do during the program?
L’IGLOO
## DAILY SCHEDULE

### Normal day

<table>
<thead>
<tr>
<th>Time</th>
<th>Blues</th>
<th>Whites</th>
<th>Reds</th>
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<tbody>
<tr>
<td>9:10-9:25</td>
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<tr>
<td>9:30-9:55</td>
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<tr>
<td>10:00-10:45</td>
<td>Linguistics</td>
<td>Grammar</td>
<td>Literature</td>
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<tr>
<td>10:50-11:35</td>
<td>Literature</td>
<td>Culture</td>
<td>Grammar</td>
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<tr>
<td>11:45-12:45</td>
<td>Lunch</td>
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<tr>
<td>12:50-13:35</td>
<td>Grammar</td>
<td>Linguistics</td>
<td></td>
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<tr>
<td>13:40-14:25</td>
<td>Culture</td>
<td>Literature</td>
<td>Linguistics</td>
</tr>
<tr>
<td>14:30-15:40</td>
<td>Monday: Desserts, choir/ theatre Tuesday: choir/ theatre Wednesday: sports Thursday: choir/theatre</td>
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### Half-day (Most Fridays)

<table>
<thead>
<tr>
<th>Time</th>
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<tr>
<td>9:10-9:25</td>
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<td>9:30-10:00</td>
<td>Linguistics</td>
<td>Grammar</td>
<td>Literature</td>
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<tr>
<td>10:05-10:35</td>
<td>Literature</td>
<td>Culture</td>
<td>Grammar</td>
</tr>
<tr>
<td>10:40-11:10</td>
<td>Grammar</td>
<td>Linguistics</td>
<td>Culture</td>
</tr>
<tr>
<td>11:15-11:45</td>
<td>Culture</td>
<td>Literature</td>
<td>Linguistics</td>
</tr>
<tr>
<td>11:45-12:45</td>
<td>Lunch</td>
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<tr>
<td>12:45-13:45</td>
<td>Office hours</td>
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<tr>
<td>14:00</td>
<td>Optional activity (museum, film, bowling)</td>
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</table>
Excursions:

nº1: Dinan, Dinard, Saint-Malo
Excursions:

n°2: *Cap Fréhel, Fort la Latte, Abbaye du Beauport*
Excursions:
nº3: Mont Saint-Michel, Bayeux, Normandie
Excursions:

nº4: Versailles, Paris
OPTIONAL ACTIVITIES
IMPORTANT INFORMATION

What you need to know.
Pre-departure

- Facebook : IUHPFL Saint-Brieuc 2016

Post-departure

- Blog: www.iuhpflstbrieuc2016.weebly.com

NB: Any specific concerns can be directed to the office both pre- and post-departure
Monday, June 6th (Catherine and Charlene)

Indianapolis-Boston (Delta Airlines, flight #332): 5:57 pm – 8:14 pm

Boston-Paris (Air France, flight #321): 10:50 pm – 11:35 am

In case of delay call Catherine (574) 514-5400

Arrive at Indianapolis International Airport no later than 2:00 pm. Meet at the Delta Airlines counter. We will go through the gate together as a group at 3:00 pm.

- Do NOT proceed to the gate without the group!
- Wear your IUHPFL T-shirt and bring something to eat!
Tuesday, July 19th (Jake and Sarah-Kay)

Paris-Atlanta (Air France, flight #668): 1:50 pm – 5:15 pm
Atlanta-Indianapolis (Delta Airline, flight #1261): 6:55 pm – 8:29 pm
  ▶ Jake (574) 220-1382
One suitcase

- **Size:** 90cm x 75cm x 43cm (35.5in x 29.5in x 16in) – including any bits that stick out, like the handle, pockets and wheels.

- **Weight:** Maximum weight per bag is up to 23kg (50lbs)

  **** Overweight/extra bags will cost $100/€75 per bag ****

  **** Bags over 32kg (70lbs) are not permitted and **must** be shipped as freight ****

One carry-on

- **Size:** 56cm x 45cm x 25cm (22in x 18in x 10in) including handles, pockets and wheels.

One personal item (ex. purse, small book bag)

- **Size:** 45cm x 36cm x 20cm (18in x 14in x 8in) including handles, pockets and wheels.
WHAT TO PACK (EVERYONE)

- Passport and 2 color copies
- Student ID, Driver’s License + 2 copies of each
- Vitamins and prescription medication
  *ENOUGH FOR WHOLE PROGRAM*
  - in your carry-on!
- Travel size sunscreen (VERY expensive in France) – not in carry-on!
- Batteries/charger for digital camera
- Re-usable water bottle (empty)
- Backpack for classes and excursions
- Safe place to carry money and important documents
- Flip flops for public pools/beaches and hostel showers
- Travel-sized hand sanitizer to carry at all times
- Small pack flushable baby wipes and tissues to carry at all times
- An umbrella
- Rain/light jacket and boots
- Converters and adapters
- Travel size toiletries (careful with sizes because of baggage weight restrictions: it is possible to purchase many American or similar products while in France)
WHAT TO PACK (EVERYONE)

- Appropriate clothing
  - Nice outfit for Mayor’s reception and farewell show
  - Layers!!!
  - Comfortable shoes!
  - Sports clothes
  - Swimsuit (cannot be loose-fitting for French public pools)
  - Nothing too exposing (mini-skirt, short shorts) or flashy

- **DO NOT BRING**
  - Electric styling tools (hair dryer, flat iron, curlers, etc.)
  - Aerosols (ex. shaving)
  - Plan ahead for future purchases! (Aim to pack less than 40lbs going there!)
    - Les soldes
    - Gifts/souvenirs
Each stagiaire should have:

- ATM/Debit Card
- Credit card REQUIRED (for emergencies)
- Some cash for the first few days *NOT 50 EURO BILLS!*
  
  *** American Express, Discover card, and Traveler’s Checks are NOT accepted ***

* Cards are not accepted most places for purchases under 10 euros! *

Stagiaires should set aside money for

- Personal expenses (products, snacks, etc.)
- Optional activities
- Purchases on excursions (souvenirs, snacks, meals in Paris, etc.)
  
  - Dinners in Paris – 3 you are responsible for:
    - One altogether: fixed price (15 euros)
    - Two in groups (10-45 euros)
    - ****Thus you must keep a minimum of 40-50 euros reserved for dinner in Paris!***
General suggestions

- Withdraw money for several days at a time to minimize ATM/exchange fees.
- Know your bank’s number in case of emergency and notify them in advance that you’ll be abroad.
- Do not keep all of your money in one spot.
- Keep an eye on your spending.
- Wait for the **soldes**!!!
- Keep the exchange rate in mind!
  - 1$ ~ .93€ (500$ = 462,73€)
▪ Contact lens wearers: Please bring contact lenses prescriptions if necessary

▪ Allergies: It is important to learn a list of foods that you are allergic to so that you may ask questions about ingredients if necessary.

▪ Please actually disclose all your medical information! We need to aware of how to make accommodations if necessary!
Host families are your window to the culture.
You are a guest in their house.

► Say thank you!
► Offer to help around the house with chores, etc.

Don’t be afraid to ask for repetition.
QUESTIONS ?