

IUHPFL GRAZ 2025



INDIANA UNIVERSITY

HONORS PROGRAM IN FOREIGN LANGUAGES

for Indiana high school students



►Originally from Germany, Nikole has taught German at Indiana University since 1999. She is the Director of Undergraduate Studies in the Germanic Studies Department, and also organizes extracurricular events for undergraduate students. In her spare time, Nikole loves to cook, crochet, listen to podcasts and spend time with her children.

TEAM GRAZ – WER SIND
WIR?
NIKOLE



► Lane got his B.A. in German and History at Hastings College in Nebraska (where Kool-Aid was invented) before moving to Bloomington to earn his M.A. in German Studies and Ph.D. in Germanic Linguistics and Philology at Indiana University. He has taught German at IU and at DePauw University, and his academic interests include language pedagogy and outreach, historical linguistics, Old Norse literature and Middle Low German 'liver-rhymes'. Lane is also an identical twin. They are both the evil one.

TEAM GRAZ – WER SIND
WIR?
LANE

- ▶ Introduction to Graz and onsite coordinators
- ▶ Tentative daily schedule and program calendar
- ▶ Courses, Afternoon Activities, Free time, Curfew
- ▶ Program magazine and farewell show
- ▶ Excursions and weekends
- ▶ Parents: How to follow your kid's adventures?
- ▶ Travel, preparation, and packing
- ▶ Money
- ▶ Communication while abroad
- ▶ Health and safety
- ▶ Host family
- ▶ Honor Code and Language Commitment
- ▶ Alumni
- ▶ Questions (please hold your questions until the end!)

OVERVIEW OF THIS SESSION

SITE DETAILS

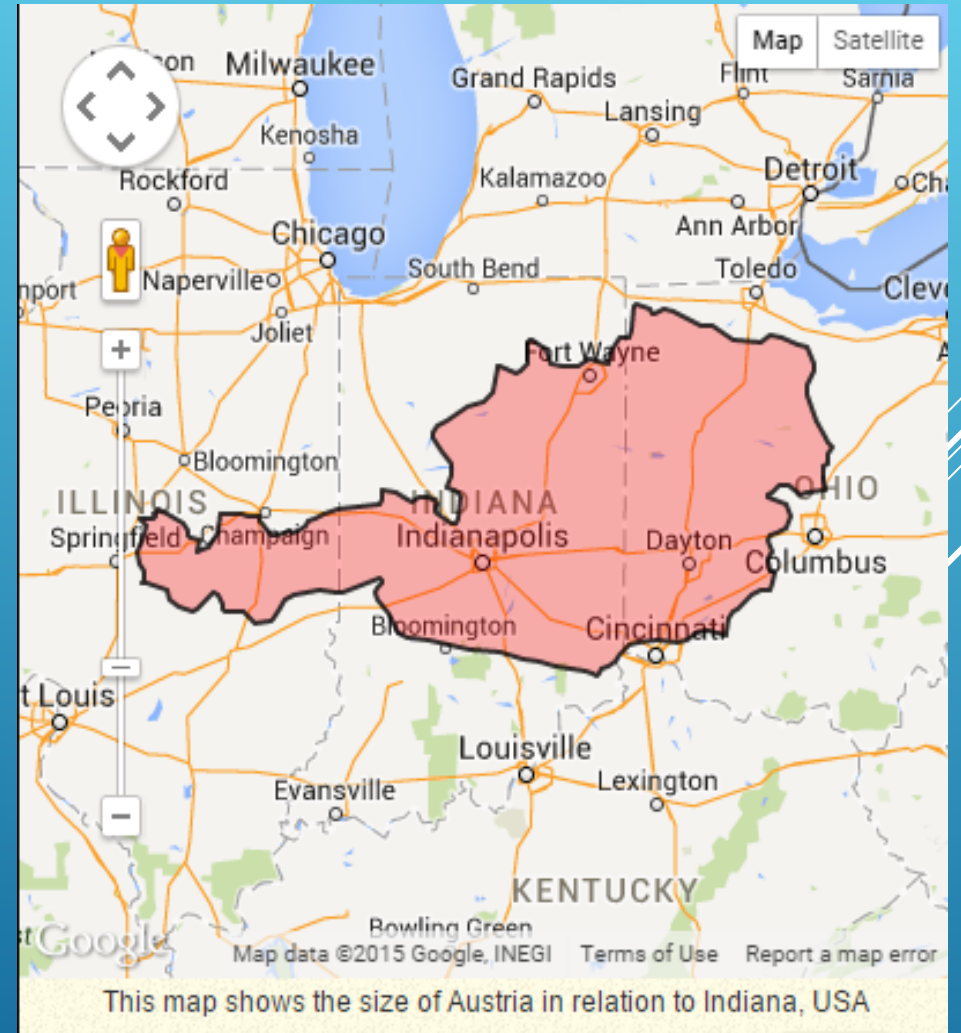


FUN FACTS ABOUT AUSTRIA

If Austria would be your home instead of the USA, you would...

- ◀ be 32.88% less likely to be unemployed
- ◀ have 10.17% more free time
- ◀ make 19.32% less money
- ◀ consume 56.68% less oil
- ◀ experience 41.56% less of a class divide
- ◀ spend 39.21% less money on health care
- ◀ use 36.33% less electricity

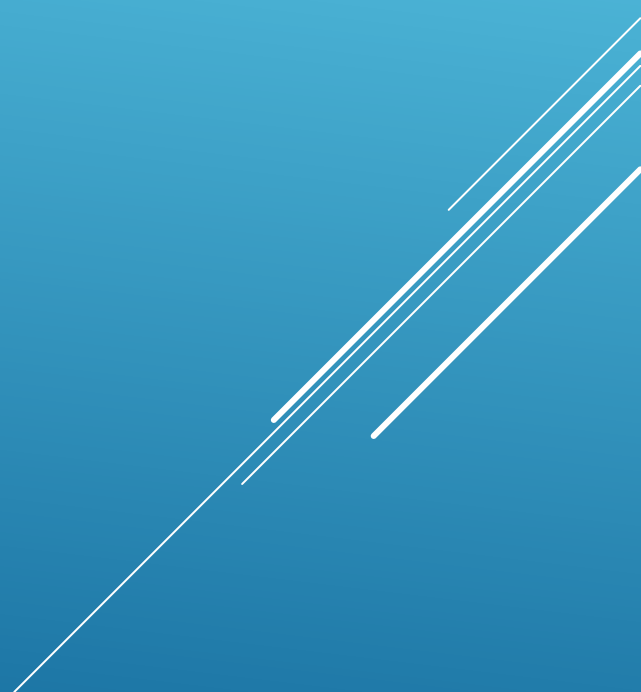
(<http://www.ifitweremyhome.com/compare/US/AT>)



GRAZ, AUSTRIA



INTRODUCTION OF ONSITE COORDINATOR



ONSITE COORDINATOR

Franziska currently lives in Graz with her husband and three children. Traveling has always been a passion for her, leading her to work as a Massage and Spa therapist on a cruise ship, allowing her to explore different parts of the world.

In her free time, Franziska enjoys practicing Thaiboxing, cooking spicy food, engaging in feminist performance art, and cherishing moments with her family and friends.



Summer 2025 HPFL Daily Schedule Template (Lunch earlier)

Hour	Amount of time	Activity							
8:45-9:00		Rollcall							
9:00-10:15	75 minutes	Language 1	Culture 2						
10:15-10:30	15 minutes	Break & Snack							
10:30-11:45	75 minutes	Language 2	Culture 1						
11:45-12:00	15 minutes	Announcements/Support Group							
12:00-1:00	60 minutes	Lunch							
1:00-1:45	45 minutes	FLEX (M: Community Engagement, T: Phone, W: Community Engagement: Th: Phone, F: TBD)							
2:00-4:00	120 minutes	Afternoon Activities (Sports, Magazine, Farewell Show Prep, Community Engagement Activities)							
4:00-7pm Curfew	Approx. 3 hours	Free time (groups of 3)							

DAILY SCHEDULE OVERVIEW (TENTATIVE)

- ▶ You will be taking two primary course modules: Language and Culture
 - ▶ These two classes will meet daily for 75 minutes each.
 - ▶ You will be assessed and received a grade for your overall IUHPFL coursework.
- ▶ Twice a week: Community Engagement module
 - ▶ Designed to link our class work with the excursions and cultural activities we do outside of class.
 - ▶ Prepare for our excursions and activities and debrief after they occur

ACADEMICS

- ▶ **After class each day, we'll do some sort of afternoon activity.**
 - ▶ **Sports**
 - ▶ **Working on program site magazine or farewell show**
 - ▶ **Community or cultural engagement activity, such as**
 - **A visit to Graz town hall, where we will meet with a local council member**
 - **Hands-on activities at the COSA interactive science museum**
- ▶ **It is possible that some “afternoon activities” will occur at other times (e.g., if a local site we want to visit is only open in the morning)**
 - ▶ **Flexibility in study abroad is key!**

AFTERNOON ACTIVITIES

- ▶ Our afternoon activities will end around 4pm.
- ▶ You will then have free time from 4pm until curfew to explore the city in groups of three or more program participants.
 - ▶ Why groups of three?
- ▶ Our curfew is 7pm.
 - ▶ At curfew, you **MUST** be back under the supervision of your host family.
 - ▶ This doesn't mean you have to be home! You just have to be with your host family.

FREE TIME AND CURFEW

- ▶ **Program magazine: a scrapbook-style souvenir that each student will contribute to during the program**
 - ▶ **Printed and bound at the end of the program**
 - ▶ **One copy to each student and to each host family**
 - ▶ **Poems, drawings, recipes, memories, sayings, puzzles**
- ▶ **Farewell show: Variety-style show put on by students at the end of the program to celebrate achievements, thank host families and onsite staff**
 - ▶ **Features skits, dance, musical numbers, poems or readings**
 - ▶ **Each student participates in some way**
- ▶ **Start thinking about how you might want to contribute!!**

PROGRAM SITE MAGAZINE AND FAREWELL SHOW



AUSFLÜGE



Day Trips:
Zotter Chocolate Factory
Wörthersee
Two-day Excursion:
Vienna



- ▶ Weekends are time to be with your host family.
 - ▶ What weekends look like differs from family to family/student to student and that's OK.
 - ▶ Hikes, mini excursions
 - ▶ Time with extended family or friends
 - ▶ Time around the house, games, movies
 - ▶ The goal is to enjoy, soak in as much as you can, be a part of the family and do what they do

WEEKENDS

- ▶ Be aware of family habits and routines; when you're not sure about something– ask!
 - ▶ Try to adapt and be part of the family; offer to help with chores or dinner
- ▶ Pay attention to your use of home resources (e.g., water, electricity), ask about norms for showering, lights, fans/AC, blinds so that you can follow!
- ▶ Be open to new practices and customs AND be willing to share about your customs!
- ▶ Ask, ask, ask
- ▶ Talk, talk, talk
- ▶ Be thoughtful and present; join the family in what they do; express gratitude
- ▶ Communicate your needs

HOST FAMILY: TIPS FOR SUCCESSFUL HOST FAMILY EXPERIENCE

- ▶ **Give yourself and your family some time to adapt!**
 - ▶ **But talk with us right away with any concerns or questions**
- ▶ **We can't help you if we don't know!**
- ▶ **Grounds for a host family change:**
 - ◀ **Physical health/well-being**
 - ◀ **Incompatibility of personalities**
 - ◀ **Host family's lack of time**
 - ◀ **Failure of family to abide by Host Family Guidelines and/or the Honor Code**
 - ◀ **Inappropriate behavior of a host family member towards the student and vice versa.**

**HOST FAMILY:
WHAT IF THINGS AREN'T GOING GREAT?**



Honors Program in Foreign Languages

for Indiana high school students

About the
Program

How to
Apply

Accepted
Students

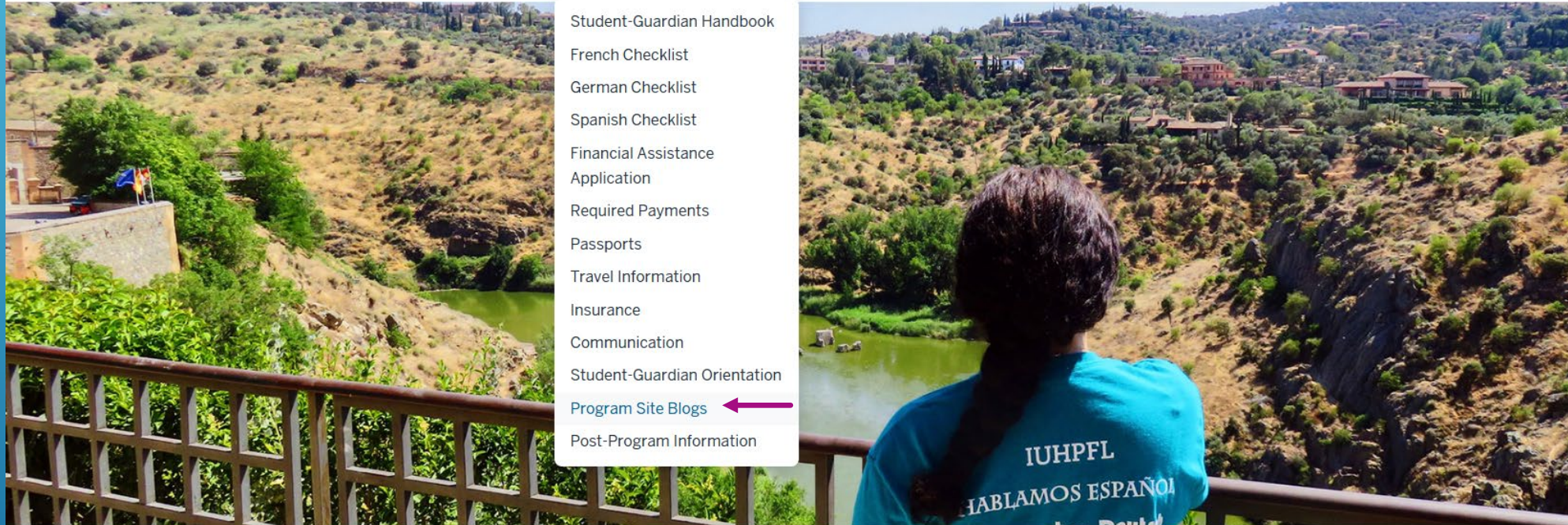
News &
Events

Parents &
Guardians

Teachers &
Counselors

IUHPFL
Alumni

- Student-Guardian Handbook
- French Checklist
- German Checklist
- Spanish Checklist
- Financial Assistance
Application
- Required Payments
- Passports
- Travel Information
- Insurance
- Communication
- Student-Guardian Orientation
- [Program Site Blogs](#)
- Post-Program Information



[IUHPFL Experience](#)

[Program Overview and](#)

[Give Back](#)

<https://iuhpfl.Indiana.edu>

- ▶ Nikole and Lane will be traveling with students to Austria
- ▶ Arrive at the Indianapolis airport 3 hours prior to our departure time
 - ▶ Remember that Indianapolis is on Eastern time!
- ▶ Meet at the United Airlines desk; we will all check in
 - ▶ This can take awhile and be somewhat chaotic. Please arrive with patience and grace!
- ▶ Wear your IUHPFL t-shirt
 - ▶ After check-in, we'll take a group picture before saying goodbye and heading through security together.
- ▶ Be sure you have your passport
 - ▶ Also pack cards, books, puzzles, snacks 😊
- ▶ Parents: Please join our Remind group. This will solely be used for one-way (IUHPFL to parent) travel updates (e.g., in cases of flight delays, etc.)

TRAVEL PLAN/DEPARTURE DAY

- ▶ We will arrive in Vienna around 10:45 AM and take a bus to Graz (about 3 hours).
- ▶ Lane will send a message on Remind app when we have arrived in Graz.

TRAVEL PLAN/DEPARTURE DAY

- ▶ We are currently scheduled to return to the Indianapolis airport on July 15th at 7:19 PM
 - ▶ Flight times may change! Please check.
 - ▶ A parent or guardian must be at the airport to pick up their child.
 - ▶ If alternate arrangements need to be made (e.g., carpooling), please let the IUHPFL office know via email (iuhpfl@iu.edu)

A NOTE ABOUT **RETURN** TRAVEL

- ▶ You are permitted one checked bag, one carry-on, and one personal item (e.g., purse or small book bag)
 - ▶ You are in charge of all of your luggage, so only pack what you can manage yourself!
 - ▶ Check airline regulations for size and weight guidelines, other restrictions
- ▶ There is a packing list in the site-specific section of your handbook.
- ▶ We know it's hard but try to pack light. You will be able to do laundry weekly, so you do not need 5 weeks worth of clothes.

PREPARATION AND PACKING

- ▶ **Climate:**
- ▶ Early summer weather in Graz is hard to predict. It may be cool and rainy, much like Indiana in mid-April, but you may also encounter the heat and humidity of a Midwestern summer. Be prepared for quite a range of temperatures.
- ▶ **Clothing:**
 - ▶ Layers
 - ▶ Nice outfit (e.g. for the farewell show)
 - ▶ Comfortable shoes
 - ▶ Sports clothes
 - ▶ Swimsuit, flip flops
- ▶ Lunch box and ice packs for daily packed lunch
- ▶ A small gift for host family is recommended

PREPARATION AND PACKING

- ▶ **Don't forget to bring:**
 - ▶ **Any and all medications you will need (over-the-counter and prescription) for the 5 weeks**
 - ▶ **Bring copy of prescriptions, know generic names**
 - ▶ **Converter/adaptor**
 - ▶ **Digital camera**
 - ▶ **Contact lenses/glasses; bring extras and prescription**
 - ▶ **Feminine hygiene products**
 - ▶ **Sunscreen, insect repellent, water bottle**
 - ▶ **Alarm clock**

PREPARATION AND PACKING

MONEY, SAFETY, COMMUNICATION



- ▶ We heard some about money from the Director just now, and parents will talk a bit more about this in the afternoon session.
- ▶ We want to reiterate:
 - ▶ Bring some Euros with you
 - ▶ Cash, debit card, *and* credit card recommended
 - ▶ Don't keep all of your money/cards in one place
 - ▶ No traveler's checks

MONEY

- ▶ **You might need money for**
 - ▶ **Food during international travel**
 - ▶ **Lunch/snacks upon arrival in host country (bus from airport to host city)**
 - ▶ **Personal expenses (products, snacks)**
 - ▶ **Free time and optional activities**
 - ▶ **Purchases on excursions (souvenirs, snacks)**
 - ▶ **One lunch in Vienna that you will cover on your own**
 - ▶ **We recommend calculating about \$100 weekly for out-of-pocket expenses, plus an extra \$150 for our visit to Vienna**

MONEY



- ▶ Every student will receive a program phone with a local number, so that instructors or host family can get ahold of you and vice versa
- ▶ It will come prepaid with a certain amount of money on it, that should be sufficient for the entire program if used for program purposes
- ▶ If you use your phone more than needed, you may need to add minutes to your phone
 - ▶ Your phone **MUST** always have minutes on it; if you need help adding minutes, talk to one of us!

COMMUNICATION WHILE ABROAD



- ▶ Students will keep their personal smart phones locked in magnetic pouches in their possession.
- ▶ Generally, they should leave these at their host family's home.
- ▶ Students will have an hour of internet time per week; this will be taken on their own smart phones at our school on the wifi.
 - ▶ Students: Unless you have an international roaming plan and want to use it, you will want to leave your phone on airplane mode during the entire trip, turning off roaming and only using wifi

COMMUNICATION WHILE ABROAD

- ▶ Students will be able to write emails, texts during this time
 - ▶ You may wish to download a wifi-based text app (e.g., WhatsApp) so that your student can text you during this time using wifi
- ▶ Written posts/updates on social media are also fine!
 - ▶ No creating/listening to non-German content, so this is not a time for scrolling TikTok, etc.

COMMUNICATION WHILE ABROAD

- ▶ Internet time will be during our school day, 1-2 days per week.
 - ▶ The schedule/timing might change based on what we're doing that day/week.
 - ▶ There is no guarantee that your child will be online at a specific time!
 - ▶ The assumption with this time is that most communication will be asynchronous, sending you written updates of how and what they are doing that you might read a bit after they are sent.
 - ▶ If your student happens to capture you at a time you're available, and you are able to text back and forth, great! But that shouldn't be the expectation.

COMMUNICATION WHILE ABROAD

- ▶ **Students will not be calling home (or receiving calls from you), except in cases of emergency/necessity**
- ▶ **Parents, when you have a question or need to communicate something to your child, contact the IUHPFL office first.**
 - ▶ **We are in regular contact with them; they will let us know if/when something is needed and how to respond.**
 - ▶ **They will put us (instructor-parent or student-parent) in direct contact when needed.**
- ▶ **Follow our activities on the blog 😊 We know it's not the same, but it can help!**

COMMUNICATION WHILE ABROAD

- ▶ Students will have access to their own smart phones while we are out and about in Vienna. We will ask that they stay off and stowed except if needed; they'll be locked up again once we're back at the hostel/dorm.

ONE FINAL NOTE ABOUT PHONES

Graz Blog Information

Blog Site: For parents, families, friends and students!

Website: <https://iuhpflgraz2025.blogspot.com/>

- ▶ **If you misplace the link, it will also be available on the IUHPFL website (Accepted Students > Program Site Blogs)**

HOW TO FOLLOW YOUR STUDENTS' ADVENTURES ABROAD

- ▶ **Follow the Honor Code**
- ▶ **Be where you are supposed to be**
- ▶ **Pay attention to your surroundings**
- ▶ **Be careful with your belongings**

HEALTH AND SAFETY

- ▶ **We instructors will work with the onsite coordinator (who is on call 24/7 during the program) to address the situation.**
- ▶ **We will be in communication with IUHPFL office, who will notify US families.**
 - ▶ **If necessary, we will be put in direct contact with you.**
- ▶ **Parents: If there is an issue on your end, contact the IUHPFL office.**

WHAT IF SOMETHING HAPPENS?

- ▶ **The essence of the program**
 - ▶ **For student safety but also what fosters incredible advances in language in just a few weeks**
- ▶ **All German all the time!**
 - ▶ **German music, German books**
- ▶ **No personal smart devices (nothing that connects to internet, including laptops, tablets, smart watches)**
- ▶ **No romantic relationships**
- ▶ **No drugs, no alcohol, no risky behaviors**
- ▶ **Rule of three!**

HONOR CODE

- ▶ Is it possible?
 - ▶ Yes, absolutely!
- ▶ Is it challenging?
 - ▶ Yes, absolutely!
- ▶ Do we expect you to abide?
 - ▶ Yes, absolutely!
- ▶ What do you do when you don't know how to say something or can't understand someone?

LANGUAGE COMMITMENT

- ▶ **We are here to help you take full advantage of this one-of-a-kind opportunity!**
- ▶ **We encourage you to be open to making mistakes and putting yourself out there, to maintain a positive attitude, and to encourage and include one another**
- ▶ **We are a team, and together, we can make this a wonderful experience for all!**

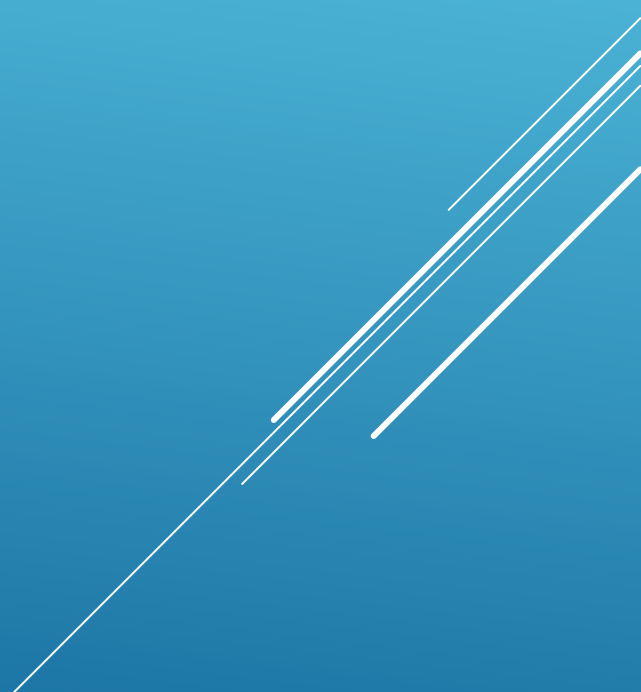
FINAL WORDS

- ▶ **Josie and Elena (Graz 2024) are here to talk about their experiences!**

ALUMNI

QUESTIONS?

For instructor team or alumni



Students

- ▶ **You will stay here!**
- ▶ **We will eat our packed lunch together (12:30-1:30pm)**
- ▶ **Get to know each other, do some activities in both [target language] and English (1:30-3:00pm)**
- ▶ **We will meet guardians back in the Whittenberger Auditorium for Closing remarks at 3:00pm**

Guardians

- ▶ **Time for lunch either here in the IMU or nearby (12:30-2:00pm)**
- ▶ **You should return to the Whittenberger Auditorium by 2:00pm for the mandatory parent/guardian session (2:00-3:00pm)**
- ▶ **Closing remarks, Whittenberger Auditorium (3:00-3:30pm)**

REMINDER OF TODAY'S SCHEDULE
FOR AFTERNOON