

# IUHPFL Saumur 2025



INDIANA UNIVERSITY

**HONORS PROGRAM IN FOREIGN LANGUAGES**

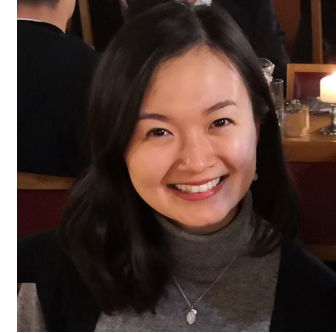
for Indiana high school students

# Instructor Introductions



## Jane Gilbert

- **Subject:** Language
- **Role:** Financial & Administrative Coordinator
- **Hometown:** Charleston, South Carolina
- PhD candidate in French Linguistics
- Fourth time as an IUHPFL instructor, second time in Saumur.
- **Hobbies:** yoga, baking, listening to podcasts, spoiling her cat Dorothy Ann.



## Ye-Ye Xu

- **Subject:** Literature & Culture
- **Role:** Logistics & PR Coordinator
- **Hometown:** Edinburgh, UK
- PhD student in French Linguistics
- Worked in Strasbourg, France for one year. Loved the immersion experience!
- First year as an IUHPFL Instructor
- **Hobbies:** reading, cooking, pottery painting

# Overview of this session

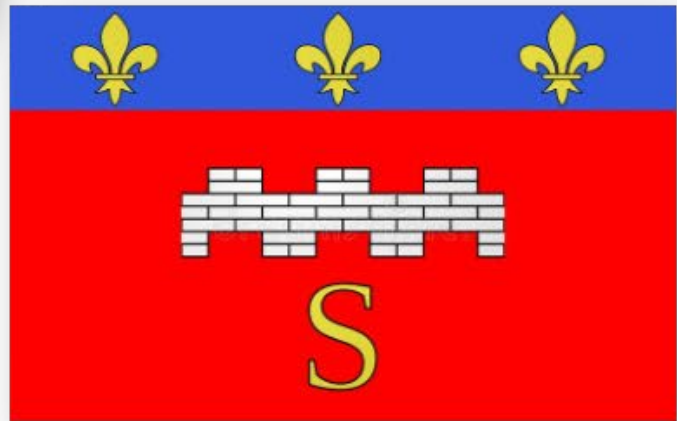
- Introduction to **Saumur** and onsite coordinators
- Tentative daily schedule and program calendar
- Courses, Afternoon Activities, Free time, Curfew
- Program magazine and farewell show
- Excursions and weekends
- Parents: How to follow your kid's adventures?
- Travel, preparation, and packing
- Money
- Communication while abroad
- Health and safety
- Host family
- Honor Code and Language Commitment
- Alumni
- Questions (**please hold your questions until the end - note the slide number!**)



# Overview of Saumur





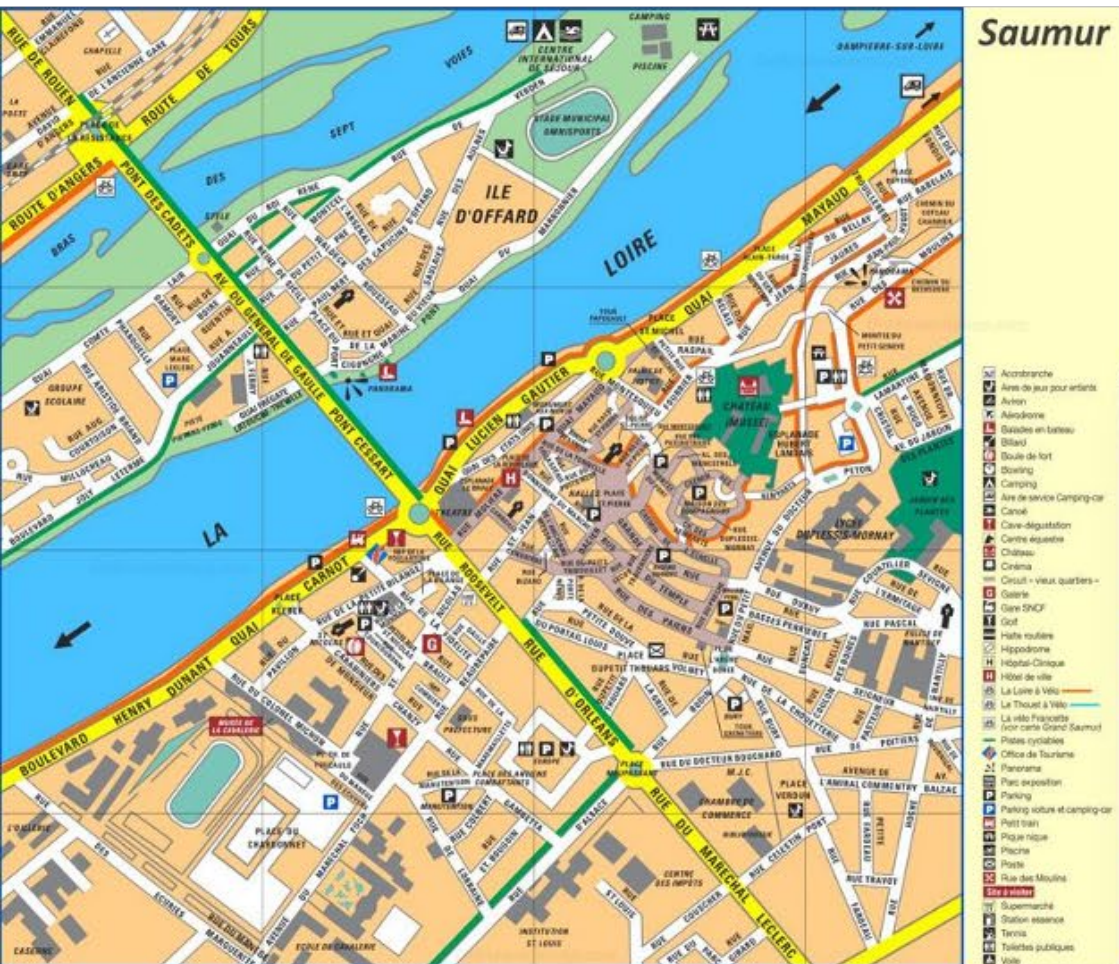




# Château de Saumur on the Loire River









## The *pearl of Anjou* :

- old city center
- white tuffeau stone buildings, charming squares, half-timbered houses





# Chapelle Royale Notre Dame des Ardilliers









**Sites inscrits au Patrimoine Mondial de l'UNESCO**

distance Paris, Blois = 174 Km



Crédit pour la carte : EFIL, et remerciements pour autorisation d'utilisation à La Mission Val de Loire

# Introduction of onsite coordinators

Student Services Coordinator  
Coordinator

Mr. NEDON



Housing

Marie-





Summer 2025 HPFL Daily Schedule (tentative)		
Hour	Duration	Activity
8:45-9:00		Rollcall
9:00-10:15	75 minutes	Class #1
10:15-10:30	15 minutes	Break & Snack
10:30-11:45	75 minutes	Class #2
11:45-12:00	15 minutes	Announcements/Business
12:00-1:00	60 minutes	Lunch
1:00-1:45	45 minutes	FLEX (M: Community Engagement, T: Phone, W: Community Engagement: Th: Phone, F: S & S)
2:00-4:00	120 minutes	Afternoon Activities (Sports, Magazine, Farewell Show Prep, Community Engagement Activities)
4:00-7:00 (curfew)	3 hours	Free time (groups of 3)

# Academics

- You will be taking two primary course modules: Language and Culture
  - These two classes will meet daily for 75 minutes each.
  - You will be assessed and received a grade for your overall IUHPFL coursework.
- Twice a week: Community Engagement module
  - Designed to link our class work with the excursions and cultural activities we do outside of class.
  - Prepare for our excursions and activities and debrief after they occur
- You **MUST** bring your course books with you to France!



# Afternoon Activities

- After class each day, we'll do some sort of afternoon activity.
  - Sports
  - Working on program site magazine or farewell show
  - Community or cultural engagement activity, such as
    - EHPAD
    - Pierre et Lumière
- It is possible that some “afternoon activities” will occur at other times (e.g., if a local site we want to visit is only open in the morning)
  - Flexibility in study abroad is key!

# Free Time and Curfew

- Our afternoon activities will end around 4pm.
- You will then have free time from 4pm until curfew to explore the city in groups of three or more program participants.
  - Why groups of three?
- Our curfew is 7pm.
  - At curfew, you **MUST** be back under the supervision of your host family.
  - This doesn't mean you have to be home! You just have to be **with** your host family.



# Program site magazine & Farewell Show

- Program magazine: a scrapbook-style souvenir that each student will contribute to during the program
  - Printed and bound at the end of the program
  - One copy to each student and to each host family
  - Student-led
    - Poems, drawings, recipes, memories, sayings, puzzles
- Farewell show: Variety-style show put on by students at the end of the program to celebrate achievements, thank host families and onsite staff
  - Student-led
    - Features skits, dance, musical numbers, poems or readings
    - Each student participates in some way
- Start thinking about how you might want to contribute!!

# Quick overview of excursions

- We will take three excursions outside of the host city this summer
  - Les Châteaux de la Loire
  - Nantes
  - Versailles/Paris (overnight)



# Les Châteaux de la Loire





# Nantes





# Paris & Versailles



# Weekends

- Weekends are time to be with your host family.
  - What weekends look like differs from family to family/student to student **and that's OK.**
    - Hikes, outings, mini excursions
    - Time with extended family or friends
    - Time around the house, games, movies
  - The goal is to enjoy, soak in as much as you can, be a part of the family and do what they do



# Host family:

## Tips for successful host family experience

- Be aware of family habits and routines; when you're not sure about something– ask!
  - Try to adapt and be part of the family; offer to help with chores or dinner
- Pay attention to your use of home resources (e.g., water, electricity), ask about norms for showering, lights, fans/AC, blinds so that you can follow!
- Be open to new practices and customs AND be willing to share about your customs!
- Ask, ask, ask
- Talk, talk, talk
- Be thoughtful and present; join the family in what they do; express gratitude
- Communicate your needs

# Host family:

## What if things aren't going great?

- Give yourself and your family some time to adapt!
  - But talk with us right away with any concerns or questions
- We can't help you if we don't know!
- Grounds for a host family change:
  - Physical health/well-being
  - Incompatibility of personalities
  - Host family's lack of time
  - Failure of family to abide by Host Family Guidelines and/or the Honor Code
  - Inappropriate behavior of a host family member towards the student and vice versa.



# Travel information



# Travel Plan/Departure Day

- Jane & Ye-Ye will be traveling with students to France
- Arrive at the Indianapolis airport **3 hours** prior to our departure time
  - Remember that Indianapolis is on Eastern time!
- Meet at the American Airlines desk; we will all check in
  - This can take a while and be somewhat chaotic. Please arrive with patience and grace!
- Wear your IUHPFL t-shirt
  - After check-in, we'll take a group picture before saying goodbye and heading through security together.
- Be sure you have your passport
  - Also pack cards, books, puzzles, snacks 😊
- Parents: Please join our Remind group. This will solely be used for one-way (IUHPFL to parent) travel updates (e.g., in cases of flight delays, etc.)

# Remind App

One-way updates to parents

Two ways you can join the Saumur group:

(1) Going to <https://www.remind.com/join/saumur25>

(2) Send a text to 81010 with the message @saumur25



# Travel Plan/Departure Day

- **Thurs June 12:** we will arrive in Paris around 10:00 am and take a bus to Saumur (about 4-5 hours)
  - We will make a short stop en route to use the restroom and have a light meal. **Students should have some Euros (cash) in hand for buying some food on this trip.**
- Ye-Ye will send a message on Remind app when we have arrived in Saumur.

# A note about **return** travel

- We are currently scheduled to return to the Indianapolis airport on July 15<sup>th</sup> at 5:25 pm.
  - Flight times may change! Please check.
  - A parent or guardian **must** be at the airport to pick up their child.
  - If alternate arrangements need to be made (e.g., carpooling), please let the IUHPFL office know via email ([iuhpfl@iu.edu](mailto:iuhpfl@iu.edu))

# A note about return travel

- If you are not returning on the group flight, then the IUHPFL office has already approved your travel deviation; they will share those details with us.
  - Unless otherwise approved, a parent/guardian will need to pick up the student at our **hostel in Paris** on the last night of the program after program activities have ended.
- We (the instructors) will reach out via email about 1 – 1.5 weeks prior to the end of the program to confirm plans for this “hand-off” (e.g., time, location, contact info, etc.).



# Preparation and Packing

- You are permitted one checked bag, one carry-on, and one personal item (e.g., purse or small book bag)
  - You are in charge of all of your luggage, so only pack what you can manage yourself!
  - Check airline regulations for size and weight guidelines, other restrictions
- There is a packing list in the site-specific section of your handbook.
- We know it's hard but try to **pack light**. You will be able to do laundry weekly, so you do not need 5 weeks worth of clothes.

# Preparation and Packing

- Weather in Saumur
  - 50s - 70s in summer
  - 30-50% cloud cover, 20% chance of rain
- Clothing:
  - Layers
  - 1 nice outfit (e.g., visit to city hall/mayor, farewell show)
  - Comfortable shoes
  - Sports clothes
  - Flip flops (for hostel showers)
  - Swimsuit (optional)

# Preparation and Packing

- For Saumur, we especially recommend:
  - Sunscreen, water bottle, umbrella, sweater or jacket, etc.
  - Attire for public pools - optional
- Also think about comfort and diversion
  - Puzzles, coloring books, card games, pictures from home
- A small gift for host family is recommended



# Preparation and Packing

- Don't forget to bring:
  - Any and all medications you will need (over-the-counter and prescription) for the 5 weeks
    - Bring copy of prescriptions, know generic names
  - Converter/adaptor
  - Digital camera
  - Contact lenses/glasses; bring extras and prescription
  - Feminine hygiene products
  - Sunscreen, insect repellent, water bottle
  - Alarm clock

# Money, Safety, Communication

# Money

- We heard some about money from the Director just now, and parents will talk a bit more about this in the afternoon session.
- We want to reiterate:
  - **Bring some Euros with you in cash to the airport in Indianapolis**
  - **Cash, debit card, *and* credit card recommended**
  - Don't keep all of your money/cards in one place
  - No traveler's checks



# Money

- Typical prices in Saumur:
  - Postcard: 1 €
  - Stamp: 1,96 €
  - Coffee: 1,50-3,50 €
  - Soda: 3 €
  - Ice cream cone: 2,50 €
  - Bus ticket: 2 €
  - Movie ticket: 7-8 €
  - A sandwich  $\approx$  6-8 €
- Cash is often needed in shops or for smaller purchases

# Money

- You'll need money for:
  - Food during international travel
  - Lunch/snacks upon arrival in host country (bus from airport to host city)
  - Personal expenses (products, snacks)
  - Free time and optional activities
  - Purchases on excursions (souvenirs, snacks)
  - One lunch in Paris that you will cover on your own

# Communication while abroad



- Every student will receive a program phone with a local number, so that instructors or host family can get ahold of you and vice versa
- It will come prepaid with a certain amount of money on it, that should be sufficient for the entire program if used for program purposes
- If you use your phone more than needed, you may need to add minutes to your phone
  - Your phone **MUST** always have minutes on it; if you need help adding minutes, talk to one of us!



# Communication while abroad



- Students will keep their personal smart phones **locked** in magnetic pouches in their possession.
- Generally, they should leave these at their host family's home.
- Students will have an hour of internet time per week; **this will be taken on their own smart phones at our school on the wifi.**
  - Students: Unless you have an international roaming plan and want to use it, you will want to **leave your phone on airplane mode** during the entire trip, **turning off roaming** and only using wifi

# Communication while abroad

- Students will be able to **write** emails, texts during this time
  - You may wish to download a wifi-based text app (e.g., Whatsapp) so that your student can text you during this time using wifi
- Written posts/updates on social media are also fine!
  - **No creating/listening to non-French content**, so this is not a time for scrolling TikTok, etc.

# Communication while abroad

- Internet time will be during our school day, 1-2 days per week.
  - The schedule/timing might change based on what we're doing that day/week.
    - There is no guarantee that your child will be online at a specific time!
  - The assumption with this time is that most communication will be **asynchronous**, sending you written updates of how and what they are doing that you might read a bit after they are sent.
    - If your student happens to capture you at a time you're available and you are able to text back and forth, great! But that shouldn't be the expectation.



# Communication while abroad

- Students will not be calling home (or receiving calls from you), except in cases of emergency/necessity
- Parents, when you have a question or need to communicate something to your child, contact the IUHPFL office first.
  - We are in regular contact with them; they will let us know if/when something is needed and how to respond.
  - They will put us (instructor-parent or student-parent) in direct contact when needed.
- Follow our activities on the blog 😊 (details later)
- We know it's not the same, but it can help!

# One final note about phones

- Students will have access to their own smartphones while we are out and about in Paris.
- We will ask that they stay off and stowed except if needed; they'll be locked up again once we're back at the hostel.
  - Consider your phone carrier's short-term international options. Smartphone access is for true emergencies only.



# How to follow your students' adventures abroad

- Saumur 2025 blog: <https://iuhpflsaumur2025.wordpress.com/>
- QR Code:



- If you misplace the link, it will also be available on the IUHPFL website:  
Accepted Students > Program Site Blogs.





## Honors Program in Foreign Languages

*for Indiana high school students*

About the  
Program

How to  
Apply

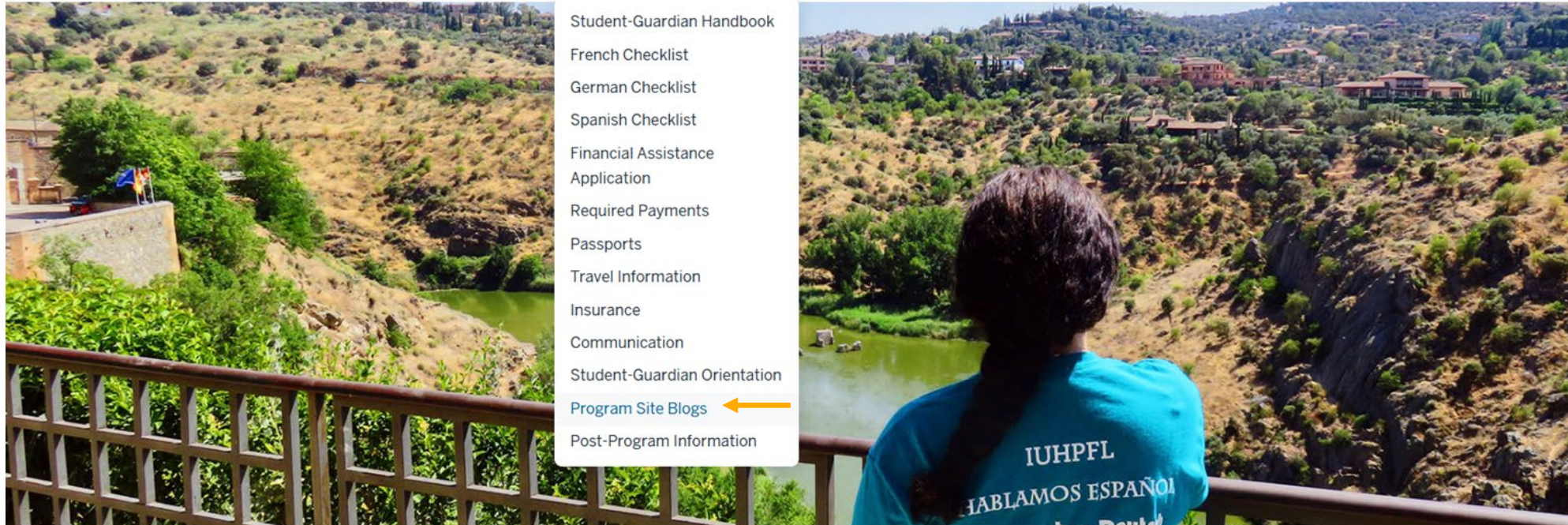
Accepted  
Students

News &  
Events

Parents &  
Guardians

Teachers &  
Counselors

IUHPFL  
Alumni



IUHPFL Experience

Program Overview and

Give Back

<https://iuhpfl.Indiana.edu>

# Health and Safety

- Follow the Honor Code
- Be where you are supposed to be
- Pay attention to your surroundings
- Be careful with your belongings

# What if something happens?

- We instructors will work with the onsite student services coordinator (who is on call 24/7 during the program) to address the situation.
- We will be in communication with IUHPFL office, who will notify US families.
  - If necessary, we will be put in direct contact with you.
- Parents: If there is an issue on your end, contact the IUHPFL office.

# Honor Code

- The essence of the program
  - For student safety but also what fosters incredible advances in language in just a few weeks
- All French all the time!
  - French music, French books
- No personal smart devices (nothing that connects to internet, including laptops, tablets, smart watches)
- No romantic relationships
- No drugs, no alcohol, no risky behaviors
- Rule of three!



# Language Commitment

- Is it possible?
  - Yes, absolutely!
- Is it challenging?
  - Yes, absolutely!
- Do we expect you to abide?
  - Yes, absolutely!
- What do you do when you don't know how to say something or can't understand someone?

# Final words

- We are here to help you take full advantage of this one-of-a-kind opportunity!
- We encourage you to be open to making mistakes and putting yourself out there, to maintain a positive attitude, and to encourage and include one another
- We are a team, and together, we can make this a wonderful experience for all!

# Alumni

- Sam Stewart

# Questions?

For instructor team or alumni



# Reminder of today's schedule for afternoon

## Students

- You will stay here!
- We will eat our packed lunch together (12:30-1:30pm)
- Get to know each other, do some activities in both [target language] and English (1:30-3:00pm)
- We will meet guardians back in the Whittenberger Auditorium for Closing remarks at 3:00pm

## Guardians

- Time for lunch either here in the IMU or nearby (12:30-2:00pm)
- You should return to the Whittenberger Auditorium by 2:00pm for the mandatory parent/guardian session (2:00-3:00pm)
- Closing remarks, Whittenberger Auditorium (3:00-3:30pm)