PART 1

PRESENTATION OF THE INSTRUCTORS
NOÉMIE

- **Logistics/Student coordinator**
  - Leads community engagement activities
  - Organizes the excursions
  - Attendance and roll-call
  - Issues related to students’ discipline, engagement, health, and interactions with host families.

- **Literature instructor**
  - Overview of French literary history through the centuries
  - Reading (in class and at home) and discussion of major authors and literary currents
  - Composition and creation of literary pieces (such as poems), to be published in the site's magazine
  - Short presentation of your favorite reading (in French, of course :D )

- Leads community engagement activities
- Organizes the excursions
- Attendance and roll-call
- Issues related to students’ discipline, engagement, health, and interactions with host families.
MICHAEL

- PR/Student coordinator
  - Responsible for the blog shared with parents and families in the U.S.
  - Responsible for press coverage of our events while in France.
  - Responsible for photographing everyone and everything
  - Responsible for communication between IUHPFL team and host families.
  - First Aid and CPR certified
  - As student coordinator, responsible for the overall happiness and well-being of his group.

- Culture instructor
  - Shares information about:
    - French and Breton customs
    - French and Breton food
    - Breton traditions & history
    - French music
    - French art
    - French popular culture
    - France and World War II
    - excursion destinations
CHASE

- **Finances/Student coordinator**
  - Responsible for the site's budget
  - Ensures compliance with Indiana University policies
  - Collects the students' smart devices after our arrival in France
  - Distributes payments to host families in France

- **Communication/Grammar/Linguistics (CGL) Instructor**
  - How to start, sustain and end a conversation in French
  - Develop vocabulary
  - Learn new idiomatic expressions, and know how to use them
  - Improve grammatical structures
  - Understand basic introduction into (French) linguistics
  - Develop basic skills related to the major fields of linguistics
PART 2

ON SITE
ABOUT BREST

WE ARE HERE

WE ARE GOING HERE
ABOUT BREST

- Western France
- 22\textsuperscript{nd} most populous city in France (2007 census)
  - Population = +/− 150,000
  - To compare: Bloomington, IN – 82,575 (2013)
ABOUT BREST

Bretagne Culture
ABOUT BREST

- Mixture of old and new
- Sights you will encounter frequently
## DAILY SCHEDULE

### Brest 2019

Support Group Day Schedule: on Tuesdays and Thursdays

<table>
<thead>
<tr>
<th>Time</th>
<th>Bleu</th>
<th>Blanc</th>
<th>Rouge</th>
</tr>
</thead>
<tbody>
<tr>
<td>9h10-9h35</td>
<td>Support groups</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9h40-10h25</td>
<td>Grammar, Communication, &amp; Linguistics</td>
<td>Culture</td>
<td>Literature</td>
</tr>
<tr>
<td>10h30-11h15</td>
<td>Literature</td>
<td>Grammar, Communication, &amp; Linguistics</td>
<td>Culture</td>
</tr>
<tr>
<td>11h20-12:05</td>
<td>Culture</td>
<td>Literature</td>
<td>Grammar, Communication, &amp; Linguistics</td>
</tr>
<tr>
<td>12h20-13h40</td>
<td>Lunch</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13h40-13h50</td>
<td>Announcements</td>
<td></td>
<td></td>
</tr>
<tr>
<td>13h55-15h40</td>
<td>Afternoon activities</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Notes: Curfew (effective time back at the host family's place) is 18h30/6:30pm.
To succeed it is important to:
- Set SMART goals! Don’t be vague.
- Arrive to class on time
- Always do the assigned homework and be prepared to participate
- Participate actively in groups and speak French at all times
- Demonstrate a positive attitude
- Make sure to sleep enough to be awake in class
AFTERNOON ACTIVITIES

- Dance
- Theater
- Music
- Sports/Games
This is a performance for our host families

The show is entirely student-generated, with help and advice from the teachers.

It is actually a series of short performances which can take just about any form. Some examples from years past are:

- Student-written skits
- Group dance to popular French music
- Individual musical performances, vocal and/or instrumental
- Individual ballet/dance performance
- Poetry reading
- Monologue performance
- Lip-synching (en français - le playback)
- Choral performance
• We begin working on the fête almost from the first week during afternoon activity period. The fête preparation occupies a couple days a week at the beginning and more towards the end. We do make sure to include our sports and other activities.
• Each student must participate in some way.
• The host families look forward to this event all summer. They are incredibly enthusiastic supporters. They will be your biggest fans.
• You will have so much fun! It is a culmination for you as well, as it happens just a day or two before we leave.
Excursion 1 – Ile de Batz
EXCURSIONS

Excursion 2 – Saint-Malo / Mont Saint-Michel / Caen
Excursion 3 – Pointe de Pen-Hir / Locronan
Excursion 4 – Versailles / Paris
ONSITE COORDINATORS

Marie José Berthevas and Jean-Paul Berthevas

15 years of working with the program

Liaison between Brest and IUHPFL

Roles:
- Host families
- Student issues
- Logistics in Brest
- Excursions and events
Finance Information

- France is a part of the European Union sharing the Euro as the form of currency.

- Keep in mind the exchange rate:
  - 1 euro = 1.13 USD (March 2019)

- Be careful: some things are very expensive in Europe compared to the US.

- # 1 = clothing (even during « les soldes », the sales in July)
Some tips for you:

- Carry some cash on you.
- Ensure that your cards are « electronic chip cards » if possible (see handbook)
- Know the basics of using an ATM before leaving the US
- Parents: Please have a photocopy of front AND back of every banking card student carries abroad
While abroad, students will have emergency program cell phones while in Brest to contact:

- instructors
- host family
- other students

Students may phone or text the above **IN FRENCH** to communicate if running late, to coordinate social events, etc.

Approximately 15 minutes will be included with cell phone at the time of distribution. Additional minutes can be purchased. **The Honor Code is in effect.**

Students should ALWAYS have a few minutes left on their phone in case of emergency. They are responsible for purchasing additional minutes if they run out.
As soon as we arrive home in Brest, the blog will be updated with information about our successful arrival.

If you have further questions you can contact the IUHPFL office in Bloomington.

Honor Code policy concerning Skype, internet, phone, etc.

- Students are allowed an hour of Internet a week (x1h or 2x30min sessions)
- The students’ American cellphones (and other smart devices) will be collected upon arrival
SOCIAL MEDIA

- Parents’ blog site:
  - https://teambrest2019.blogspot.com/
  - Keep up to date with what is going on in Brest
- Parent communication with instructors
- Students: Join Facebook group: Equipe Brest 2019. Send a request to join and you will be accepted within a day or so.
- Write in French as much as possible.
LIVING WITH A HOST FAMILY

- **Gift**
  - While not imperative, a gift for the host family is nice. It should not be expensive. It should reflect something about where you come from.

- **Communication**
  - Vous v. tu
  - Allow them to know what you need
  - Different cultural expectations, so just ask. No question is stupid.
  - Access to family bond and learning

- **Dining**
  - Time of cultural exchange
  - French dining etiquette
CURFEW

- Students are expected to be home to their host families by 6:30pm (18h30, French time) everyday.

- This way, you can spend more profitable time with your host families and even help with preparing dinner if asked to.

- Do not forget you class homework.
TYPICAL WEEKEND ON SITE

- Spend time with host family
- Personal ‘down time’ for reflection, rest, and written Internet correspondence (1 hour/week)
  - 1 consecutive hour
- Inform instructors of plans
- Students should only go out if accompanied by host parents
RULE OF 3

- Wherever you go, if you are not supervised by an instructor, you have to apply the rule of 3.

- You must always be at least 3 students in a group.

- In case of emergency, it is easier to ask for help. One person stays with the person in difficulty and one goes for help.
CULTURE SHOCK

- You might experience what we call "culture shock." Most students (and people living abroad) feel it and it's OK!
- Personal "emotional rollercoaster"
- Accept it and talk about it. We (the instructors and the other students) are there for you. Isolation is your enemy. Throw yourself in.
- General advice: try not to address politics and religion.
- **BUT,** considering recent events, your families will probably ask you about the President and for your opinion about his administration. French people speak about politics rather freely and keep up with the political stage of the country quite closely.
- Do not hesitate to say that you do not keep yourself updated on American policies or you are simply not interested if you want to avoid the topic completely.
PART 4

PACKING AND TRAVELLING
IMPORTANT DATES

- June 12th: Departure Day – Fly from Indianapolis to Paris (arrival one day later: June 13th).

- July 24th: Return Home (and cry) – Fly from Paris to Indy.
DEPARTURE DAY

- Departure from Indianapolis International Airport

- Tentatively, Meet at Delta tickets counter at 3:30 pm. **Please arrive on time as we can never be certain of how long security will take and international flights board quite early.**

- Check in with an instructor

- Parents must wait until their child’s suitcase is checked-in
This is TENTATIVE INFORMATION - You will be emailed exact, updated information about two weeks in advance.

June 12, 2018:
- Delta Flight 500 – Departs Indianapolis at 6:17pm (EST). Arrives in Paris at 8:35am (CEST), the next day (time change accounted for in this).

June 13, 2018:
- Bus travel (approximately 7h) from Paris to Brest.

July 19, 2018
- Delta Flight 501 – Depart Paris at 1:10pm (CEST). Arrives in Indianapolis at 4:20pm (EST), on the same day.
- Departure and arrival times are subject to change. Please refer to the airline website the day before departure.
DEPARTURE DAY TIPS

- Limit to what you can physically carry by yourself! Don’t over pack.

- To pack in your carry-on:
  - Passport and all forms of ID
  - All bank cards and forms of money
  - MP3 player, camera, jewelry
  - Medications in original, labeled packaging

- To make before leaving:
  - A checklist of all you need
  - Photocopies of all important documents

- Do not pack in your carry-on luggage:
  - Any liquids, gels, or sharp objects that you do not want confiscated
  - Includes contact solution – bring a travel-size for the trip
THINGS TO CONSIDER WHEN PACKING

- Make a thorough inventory of what you need and want to bring with you. It will also help you when you pack on your way back to make sure you are not leaving anything behind.

- Bring a couple of pairs of nice but comfortable shoes and one dressier pair of shoes. (Flip flops are very uncommon in France, at least in cities. Sandles are not smart for all the walking we do.)

- Casual clothes are appropriate for most days in the program, but keep in mind that the French are smart dressers. (No gym clothes in public except to do sports and no pajamas!)

- Bring one or two dressy outfits for special events such as the reception at the town hall and the fête des familles.
THINGS TO CONSIDER WHEN PACKING

- Bring layers. Light jackets will be necessary some days. Other days can be quite warm/hot.

- Don’t forget a swimsuit. We will be at the seaside.

- Also, this is Brittany, so a small, compact umbrella is a really good idea as the climate can be quite humid.

- Bring a convertor for electronics. If you decide to bring hair appliances, you will need a **step-down** voltage converter in order to avoid frying your device. Usually, converters only work with electronics. Check the voltage limitations of your converter and your appliance. If a hair appliance is a must, consider purchasing that in Brest.
THINGS TO CONSIDER WHEN PACKING

- Bring versatile items. If you pack light but smart, you will thank yourself later.

- Weigh your luggage BEFORE leaving home. Your suitcase must weigh 50lbs or under to avoid luggage charges/being forced to remove items from your suitcase. Remember, you will bring back more than you take. Leave some room. Monsieur Heitz has a baggage scale to check when we leave.

- Two weeks or so before you leave, pack everything in your suitcase and carry-on. Take them and your personal item for a walk around the block. If you can’t manage around the block by yourself, you must change something. Everyone will have their own things. No one will be able to help you handle your stuff.
we have a long journey ahead of us!!
LANGUAGE PREPARATION

- BBC French (fun review geared toward ‘français’ with some news and activities)
- http://www.newsinslowfrench.com
- http://www.cheriefm.fr (Frenchie)
- http://www.fluentu.com/french/blog/french-podcasts (10 different podcasts series for all levels)
THANK YOU FOR LISTENING!

- This PowerPoint will be made available to you by the IUHPFL Office

- Please consult the IUHPFL and Brest Site-Specific Handbooks for more detail and information

- Questions? Comments?